NASEM Therapeutic Effects Evidence Categories (from the 2017 Report)

Conclusive Evidence

- "There is strong evidence from randomized controlled trials to support the conclusion that cannabis or cannabinoids are an effective or ineffective treatment for the health endpoint of interest."¹
- "For this level of evidence, there are many supportive findings from good-quality studies
 with no credible opposing findings. A firm conclusion can be made, and the limitations of
 the evidence, including chance, bias, and confounding factors, can be ruled out with
 reasonable confidence."¹

Substantial Evidence

- "There is strong evidence to support the conclusion that cannabis or cannabinoids are an effective or ineffective treatment for the health endpoint of interest." 1
- "For this level of evidence, there are several supportive findings from good-quality studies
 with very few or no credible opposing findings A firm conclusion can be made, but minor
 limitations, including chance, bias, and confounding factors, cannot be ruled out with
 reasonable confidence."¹

Moderate Evidence

- "There is some evidence to support or refute a statistical association between cannabis or cannabinoid use and the health endpoint of interest."
- "For this level of evidence, there are several supportive findings from good- to fair-quality studies with very few or no credible opposing findings. A general conclusion can be made, but limitations, including chance, bias, and confounding factors cannot be ruled out with reasonable confidence."¹

Limited Evidence

current-state

- "There is weak evidence to support the conclusion that cannabis or cannabinoids are an effective or ineffective treatment for the health endpoint of interest."
- "For this level of evidence, there are supportive findings from fair-quality studies or mixed findings with most favoring one conclusion. A conclusion can be made, but there is significant uncertainty due to chance, bias, and confounding factors."

No or Insufficient Evidence

- "There is no or insufficient evidence to support the conclusion that cannabis or cannabinoids are an effective or ineffective treatment for the health endpoint of interest."
- "For this level of evidence, there are mixed findings, a single poor study, or health endpoint has not been studied at all. No conclusion can be made because of substantial uncertainty due to chance, bias, and confounding factors."
- 1. National Academies of Sciences E, and Medicine,. *The Health Effects of Cannabis and Cannabinoids: The Current Statement of Evidence and Recommendations for Research*. Press TNA; 2017: 487 pages. doi:10.17226/24625 Accessed April 3, 2023. Available at <a href="https://nap.nationalacademies.org/catalog/24625/the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-cannabinoids-the-health-effects-of-cannabis-and-can